

AnMed Health Volunteer Services Department

Symphony for the Soul Volunteer Musicians

Symphony for the Soul is a program that seeks to bring the healing value of instrumental and vocal music to patients, visitors, and staff in areas including lobbies, waiting rooms, patient care units, and at the bedside.

Time Commitment: 2 hours per week, preferably the same day and time each week, for at least 6 months

Minimum Age: 18

Location(s): Medical Center and/or North Campus

Responsibilities:

Musicians in Patient Care Areas and at the Bedside

- Musicians must supply their own instrument. Acoustic guitar, harp, cello, violin, portable keyboard, and woodwind instruments are acceptable. Other instruments will be considered on a case-by-case basis.
- Music played in the general areas of the nursing units/patient care areas should be gentle and soothing.
- Music played at the bedside should be the genre preferred by the patient.

Musicians in Common Areas

- Musicians must supply their own instrument. Acoustic guitar, harp, cello, violin, portable keyboard, and woodwind instruments are acceptable. Other instruments will be considered on a case-by-case basis.
- Pianists are invited to play the piano located in the AnMed Health Cancer Center atrium.
- Music should be played at a volume that will be soothing and respectful of conversations that are occurring in the waiting areas, lobby, and at the information desks.

Special Skills Desired/Training Required:

- Volunteer musicians must possess an advanced skill level and should have the ability to play different types of music
- Volunteers should be mature, positive, service-oriented individuals with an emphasis on compassion for patients and visitors

- Volunteers should have a calm demeanor, and be able to interact and empathize with patients and families experiencing stressful situations
- Volunteers must complete orientation requirements as determined by AnMed Health and the Volunteer Services department

Restrictions/Limitations:

- Do not go room-to-room providing music at the bedside; this should be done only by request of the patient, the patient's family, or nursing staff identifying a particular patient
- Volunteers playing the piano in the Cancer Center should follow these guidelines:
 - remove jewelry in order to avoid scratching the keyboard
 - do not raise the lid
 - close the fall over the keyboard when finished playing

Infection Prevention:

- Do not enter Isolation Rooms
- Musicians at the bedside must use hand sanitizer before entering and when leaving every room
- To prevent the spread of germs from one patient to another, instruments should not be allowed to touch any surfaces in a patient's room, nor should patients be allowed to touch the instrument
- Volunteers playing the piano in the Cancer Center must use hand sanitizer before playing

Physical Requirements:

- Moderate walking/standing/sitting

Approved:

Jan Verbeck

Director of Volunteer Services

10/20/17

Date